Church & Congregational Memberships

Two ways to make personal coaching accessible to congregation members. Proposed prices assume 45-minute individual sessions.

Option 1 — Church-Sponsored Membership

Congregation size	Monthly church fee	Annual shared pool
Small (1–75)	$210	20 sessions
Medium (76–200)	$465	50 sessions
Large (201–500)	$649	80 sessions
500+	Custom	Negotiated

• Members pay no additional cost for sessions within the annual pool.

• Church leaders may refer members; members may book directly.

• Coaching is confidential, with aggregate utilization reports to church leadership; additional sessions can be purchased.

Option 2 — Discounted Member Rates

Congregation size	Monthly church fee	Member rate / session
Small (1–75)	$49	$65
Medium (76–200)	$79	$55
Large (201–500)	$119	$45
500+	Custom	Negotiated

• Members pay individually only when services are used; no annual session limit.

• Churches may sponsor sessions for members experiencing financial hardship.

Areas of personal coaching

• Personal development and goal setting; career transitions; communication and relationship skills; parenting communication and family dynamics; stress management and healthy routines; life transitions; leadership development and volunteer engagement.

• Personal coaching is not psychotherapy or clinical mental-health treatment.